

Bendle/Carman-Ainsworth Adult & Community Education

Winter/Spring 2013



Your Link to Lifelong Learning & Fun!

Youth Enrichment:
810-591-3600

Adult Enrichment:
810-591-4160

New URL

Registration Website:
<http://activenet.active.com/bendleainsworth>

Adult High School:
810-591-2880

Alternative High School:
810-591-3276

**Carman Park-Baker
Career Academy:**
810-591-3620

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School Closings: If the Bendle or the Carman-Ainsworth Schools are canceled for any reason, all Community Education programs at that district(s) will be canceled also.

All Bendle/Carman-Ainsworth courses are open for anyone to attend.
 You do not need to live in the districts.

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Notices of Non-Discrimination

The Bendle Board of Education shall not discriminate in its policies and practices with respect to compensation, terms or conditions of employment because of such individual's race, color, religion, sex, national origin, height, weight, marital status, political belief, disability or handicap which does not impair an individual's ability to perform adequately in that individual's position or activity. Inquiries regarding this policy or Section 504 should be directed to: John Krolewski, Superintendent, Bendle Public Schools, 3420 Columbine, Burton, MI, 48529, 810-591-2501.

The Carman-Ainsworth Community Schools does not discriminate on the basis of race, color, national origin, gender, age, disability, height, weight, religion or marital status in any of its programs, activities or employment. Inquiries regarding this policy should be directed to: Carman-Ainsworth Community Schools, Office of Human Resources, G-3475 West Court Street, Flint, Michigan, 48532, Phone (810) 591-8241. Inquiries regarding Section 504 policy should be directed to: Director of Student Support Services, 1300 North Linden Road, Flint, Michigan, 48532, Phone (810) 591-6251.

Bendle Board of Education

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Adult Enrichment



Register by Phone: 591-4160

New URL

Register Online: <http://activenet.active.com/bendleainsworth>

Register by Phone: 591-4160 or 591-3600

Special Interest-Adults

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

You're On the Air!

Voice-Overs are Hot Today!
Join the ranks with such notable talents as James Earl Jones, Tim Allen and Donald Sutherland as they lend their voices for commercials, films and videos. One would think that it would be next to impossible to break into this field. Not so! Make the headlines with this exciting new way to get around the competition and actually turn voice-overs into a thriving full or part time business.

Cost: \$29

Location: CAHS

Feb. 6 W 7:00-9:00 PM

Digital Photography 101

Get more from your digital camera with this beginners course. Explore uploading images to the computer, manipulating them, best basic composition and lighting tips, printing, creating slideshows and burning to disc. The course caters to all camera users who want to learn the basics of digital photography. (We will be working with your "Point and Shoot" cameras; however, any digital camera is acceptable, e.g. DSLR.) Bring camera, memory stick & manual (if you have it). Make sure batteries are charged.

Cost: \$59

Location: CAHS

Mar. 18, 20, 25, 27 M/W 6:00-8:00 PM

Internet Basics 101

In this class you will learn how to use the Internet, web browsers, search engines, access specific URL's, web based free email, file attachments, online calendars, instant messaging, different types of Internet access, online safety and social networking sites.

Cost: \$59

Location: BMS

Apr. 9, 11, 16, 18 T/TH 6:00-8:00 PM

Water Aerobics

Water aerobic exercises force the body to continuously move to keep its balance and your head above water. Moving in water engages more muscle fibers because of the water's consistent resistance. This helps shape and tone your body as well as keep your heart rate up. Water exercises also develop cardiovascular endurance and help work your muscles without punishing joints and bones.

Cost: \$25

Location: CAHS Pool

Feb. 2-Mar. 23 Sat 9:00-10:00 AM

Apr. 13-June 1 Sat 9:00-10:00 AM

Start an Online Business

Survive and thrive during these uncertain economic times by starting your own business just like Hewlett-Packard did during the Great Depression and Microsoft during the 1975 Recession. With the power of the Internet, it is possible to start a multi-million dollar company from the comfort of your own home. You will discover: How to make your business work for you, create a website that looks like a million dollars and advertising your business or product...and more.

Cost: \$49 (gold card accepted)

Location: CAHS

Feb. 5, 12, 19 T 6:30-8:30 PM

How to Get the Most Out of Your Pension

Want to retire with more cash in your pocket? Learn about an amazing pension strategy that can let you get thousands more in pension income, safely and with more tax protection. This class is good especially for teachers in the state pension plan and GM workers.

Cost: \$5

Location: CAHS

Feb. 21 Th 7:00-8:30 PM

Register by Phone: 591-4160 or 591-3600

Special Interest-Adults

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

Beginning Quilting

You will complete an album quilt of basic pieced blocks using cutting, pressing, and piecing for a well done and attractive quilt top. Explore variations of blocks and tricks and tips to do them quickly and accurately. By the end of the six weeks a youth or toddler size quilt top will be complete. Bring your own sewing machine. Materials will be discussed the first night of class.

Cost: \$39

Location: CAHS

Feb. 5-Mar. 12 T 6:00-8:00 PM

Spring Break
Mar. 29-Apr. 5

New

A \$5 late fee will be charged for all registrations made after the class start date or pre-registration deadline.

New Savings Mania

Savings Mania is your local coupon crew covering 8 stores and providing weekly coupon matchups to help you maximize your savings on groceries and more! Class fee includes 3 hours of instruction on organization tips, store rules and policies, coupon resources, six weeks web access to store databases, instruction manual and a coupon packet worth at least \$100 plus savings on your first trip to Kroger.

Cost: \$20 + \$20 material fee paid to instructor first night of class.

Location: CAHS

| | | |
|----------|----|--------------|
| Feb 7 | TH | 6:00-9:00 PM |
| March 21 | TH | 6:00-9:00 PM |
| April 18 | TH | 6:00-9:00 PM |

Publish Your Own Book

Write your own book and publish it yourself. Taught by a successfully published author. Capture the tools you need to succeed at self-publishing. Explore:

- The secret bestselling authors use to get people to buy their books.
- How you can get a professionally designed cover for pennies on the dollar.
- How to get your book on Amazon.com and on the shelves of stores.
- How to copyright your work.

Cost: \$39 (gold card accepted)

Location: CAHS

Feb. 26 T 6:30-8:00 PM

Blogging for Fun and Profit

What on earth is a blog? In this day and age, it seems as if everyone has one. If you have ever wanted to know what a blog is, or how you can actually build a business around having a blog, then this course is for you. Reserve your seat today and learn how to set it up, which platforms are best, how to name your blog and how to get people to read what you write. **Yes, blogging can make you somewhat of a celebrity.**

Cost: \$49

Location: CAHS

Mar. 5, 12, 19, 26 T 6:30-8:00 PM

All Bendle/Carman-Ainsworth courses are open for anyone to attend. You do not need to live in the districts.

School Closings:

If the Bendle or the Carman-Ainsworth Schools are canceled for any reason, all Community Education programs at that district(s) will be canceled also.

Register by Phone: 591-4160 or 591-3600

Special Interest-Adults

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

Stained Glass Basics

Discover the basics of cutting, grinding, foiling and soldering in this 4 week class. You will make a 9 piece Victorian sun catcher, and another project if time allows. Beginners and advanced students welcome.

Cost: \$49 + material fee of \$100 minimum

Location: Stallings Stained Glass

| | | |
|---------------------|----|------------------|
| Feb 5, 12, 19, 26 | T | 6:00-8:00 PM |
| Feb 7, 14, 21, 28 | TH | 11:00 AM-1:00 PM |
| March 5, 12, 19, 26 | T | 11:00 AM-1:00 PM |
| March 7, 14, 21, 28 | TH | 6:00-8:00 PM |
| May 7, 14, 21, 28 | T | 6:00-8:00 PM |
| May 2, 9, 16, 23 | TH | 11:00 AM-1:00 PM |

Stained Glass Basics

One Day Workshop

Discover the basics of cutting, grinding, foiling and soldering. You will make a 5 piece sun catcher.

Cost: \$49 + material fee of \$100 minimum

Location: Stallings Stained Glass

| | | |
|----------|-----|------------------|
| Feb 23 | Sat | 10:30 AM-3:30 PM |
| March 23 | Sat | 10:30 AM-3:30 PM |
| April 27 | Sat | 10:30 AM-3:30 PM |

Blown Glass Ornaments

Succeed in blowing your glass ornaments. Each student will complete 6 ornaments.

Cost: \$29 + material fee of \$30

Location: Stallings Stained Glass

| | | |
|---------|-----|------------------|
| Feb 9 | Sat | 10:30 AM-1:00 PM |
| March 9 | Sat | 1:30-4:00 PM |

Registering Online

Requires a Non-Refundable
Convenience Fee

Stained Glass Mosaics

Explore the basics of mosaics from design to grouting. Each student will have a choice of making a birdhouse, gazing ball, table top bird bath or mirror.

Cost: \$39 + material fee of \$20-\$45

Location: Stallings Stained Glass

| | | |
|------------------|-----|------------------|
| Feb 2, 12, 9, 16 | Sat | 10:30 AM-1:30 PM |
| Feb 7, 14, 21 | TH | 2:00-4:30 PM |
| March 2, 9, 16 | Sat | 10300 AM-1:00 PM |
| March 7, 14, 21 | TH | 2:00-4:30 PM |

Glass 8" Square Plate

Learn all the basics of glass fusing in this class. Each student will make an 8" square plate.

Cost: \$29 + material fee of \$15 minimum

Location: Stallings Stained Glass

| | | |
|----------|-----|------------------|
| Feb 16 | Sat | 10:30 AM-1:00 PM |
| March 16 | Sat | 10:30 AM-1:00 PM |
| April 20 | Sat | 10:30 AM-1:00 PM |

Fused Glass Basics

Learn all the basics of glass fusing in this 4 week class. You will make several project including: jewelry, spoon rest, 12" platter and other projects as time permits. Beginner and advanced students welcome.

Cost: \$99 + material fee of \$100 minimum

Location: Stallings Stained Glass

| | | |
|-------------------------|---|--------------|
| Feb 4, 11, 18, 25 | M | 6:00-8:00 PM |
| March 4, 11, 18, 25 | M | 6:00-8:00 PM |
| April 29, May 6, 13, 20 | M | 6:00-8:00 PM |

Stallings is located at 8011 Miller Rd., Swartz Creek (Corner of Morrish & Miller)

Register by Phone: 591-4160 or 591-3600

Special Interest-Adults

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

Lampwork Torch Beads

Deliver your own glass beads using torches and glass rods. Take home several different creations of your own glass beads.

Cost: \$29 + material fee of \$30

Location: Stallings Stained Glass

| | | |
|----------|-----|------------------|
| Feb 16 | Sat | 10:30 AM-1:00 PM |
| March 16 | Sat | 10:30 AM-1:00 PM |
| April 20 | Sat | 10:30 AM-1:00 PM |

Glass Fusing-Jewelry

Explore all the basics of glass fusing in this class. Render 5 glass cabochons (used in making jewelry) of your own to take home.

Cost: \$29 + material fee of \$30

Location: Stallings Stained Glass

| | | |
|----------|-----|--------------|
| Feb 10 | Sun | 1:00-3:00 PM |
| April 20 | Sat | 1:30-3:30 PM |

Glass Picture Frame

Grasp all the basics of glass fusing and make two 4" x 6" picture frames.

Cost: \$29 + material fee of \$10 minimum

Location: Stallings Stained Glass

| | | |
|----------|-----|--------------|
| Feb 16 | Sat | 1:30-3:30 PM |
| March 10 | Sun | 1:00-3:00 PM |

Register online and receive a 5% discount toward your total registration fee at:

New URL <http://activenet.active.com/bendleainsworth>

Wire Wrap Bead Bracelet

Become skilled in the basics of wire wrapping. Each student will wire wrap glass beads to make a bracelet to wear home.

Cost: \$19 + material fee of \$15-\$30

Location: Stallings Stained Glass

| | | |
|---------|-----|--------------|
| Feb 2 | Sat | 1:30-4:00 PM |
| March 2 | Sat | 1:30-4:00 PM |

Leaded Stained Glass

Accomplish all the basics of leaded Stained Glass. Each student will make a small panel. Beginners and advanced students welcome!

Cost: \$49 + material fee of \$65 minimum

Location: Stallings Stained Glass

| | | |
|---------------------|---|------------------|
| Feb 6, 13, 20, 27 | W | 11:00 AM-1:00 PM |
| March 6, 13, 20, 27 | W | 11:00 AM-1:00 PM |

School Closings: If the Bendle or the Carman-Ainsworth Schools are canceled for any reason, all Community Education programs at that district(s) will be canceled also.

Stallings is located at 8011 Miller Rd., Swartz Creek (Corner of Morrish & Miller)

Register by Phone: 591-4160 or 591-3600

Health & Fitness-Adults

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

New Let's Get Moving!

In this class you will talk about simple changes you can make to develop a healthier lifestyle. Easy moves to get you and your child moving and burning consumed calories. This class is a parent-child participation class. You and your child will make small, simple changes to your lifestyle and get moving to keep you both healthy! Learn about simple meal changes, easy exercises, free pedometer, incentive prizes, etc. Come join the fun!!

Cost: \$25 - for parent and first child. Each additional child is \$12.50

Location: CAHS

Jan. 28-Mar. 11 M 6:00-7:15 PM
(No class Feb. 18)

Indoor Walking

Here's a great way to keep up your walking routine or establish a new one. Walk in the warmth and comfort of our building with family and friends or meet new friends. Just sign in at the door and you are ready to go.

Cost: FREE

Location: CAHS

Jan. 28-Mar. 27 M/W 6:30-7:30 PM

Registering Online

Requires a Non-Refundable
Convenience Fee

Line Dancing-Absolute Beginner

Line dancing is not just Country-Western anymore. We dance to all types of music. Line dancing promotes good health through physical activity while having fun. It is fun exercise for everyone--no equipment is needed. This basic line dance class is designed with the beginner in mind and will prepare the student to move further into the art form.

Cost: \$49 (gold card accepted)

Location: CAHS

Feb. 25-April 8 M 6:30-8:00 PM
(No class Apr. 1)

Water Aerobics

Water aerobic exercises force the body to continuously move to keep its balance and your head above water. Moving in water engages more muscle fibers because of the water's consistent resistance. This helps shape and tone your body as well as keep your heart rate up. Water exercises also develop cardiovascular endurance and help work your muscles without punishing joints and bones.

Cost: \$25

Location: CAHS Pool

Feb. 2-Mar. 23 Sat 9:00-10:00 AM
Apr. 13-June 1 Sat 9:00-10:00 AM

Do you have a special talent and would like to share it with others? We are always looking for new class ideas. Please call 810-591-4160

School Closings: If the Bendle or the Carman-Ainsworth Schools are canceled for any reason, all Community Education programs at that district(s) will be canceled also.

New

A \$5 late fee will be charged for all registrations made after the class start date or pre-registration deadline.

Register by Phone: 591-4160 or 591-3600

Health & Fitness-Adults

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

Belly Dance

Through the art of Belly Dance while getting a great low impact workout! Focus on isolated moves to locate, strengthen, and tone muscles. Be fun! Be sassy! And go home dancing! The hypnotic & rhythmic dance moves are challenging, fun and encourage grace, coordination and self acceptance.

Cost: \$39 (gold card accepted)

Location: CAHS

| | | |
|--------------------|---|--------------|
| Jan. 28-Mar. 4 | M | 6:00-7:00 PM |
| (No class Feb. 18) | | |
| Mar. 11-Apr. 15 | M | 6:00-7:00 PM |
| (No class Apr. 1) | | |
| Apr. 22-May 20 | M | 6:00-7:00 PM |

Zumba

An invigorating and fun way to dance your way to a fitter you! Mingle Latin moves with American influences to the sounds of toe tapping, hip bumping Latin rhythms. Fun for all ages and fitness levels.

Cost: \$39 (gold card accepted)

Location: CAHS

| | | |
|--------------------|---|--------------|
| Jan. 28-Mar. 4 | M | 7:00-8:00 PM |
| (No class Feb. 18) | | |
| Mar. 11-Apr. 15 | M | 7:00-8:00 PM |
| (No class Apr. 1) | | |
| Apr. 22-May 20 | M | 7:00-8:00 PM |

Gentle Yoga

Gentle Yoga improves strength, flexibility and balance. Explore techniques for standing, floor postures, breathing and relaxation. The pace is gentle, comfortable and suitable for all levels of yoga. (Wear comfortable clothes that allow you to move and bring an exercise mat or blanket to class.)

Cost: \$30 (gold card accepted)

Location: CAHS (Media Center)

| | | |
|-------------------------|---|--------------|
| Jan. 28, Feb. 4, 11, 25 | M | 6:30-7:30 PM |
| March 4, 11, 18, 25 | M | 6:30-7:30 PM |
| April 8, 15, 22, 29 | M | 6:30-7:30 PM |

Power Flex Yoga

Accelerate flexibility, balance and endurance while incorporating yoga principles, resistance training and core strengthening. This fast pace class combines cardio and relaxation techniques. All levels welcome! (Bring mat, physioball, towel and water.)

Cost: \$35 (gold card accepted)

Location: CAHS (Media Center)

| | | |
|-------------------|---|--------------|
| Jan. 29-Feb. 26 | T | 7:00-7:45 PM |
| Mar. 12-Apr. 16 | T | 7:00-7:45 PM |
| (No class Apr. 2) | | |
| Apr. 23-May 21 | T | 7:00-7:45 PM |

New

A \$5 late fee will be charged for all registrations made after the class start date or pre-registration deadline.

Tai Chi

“Meditation in Motion”

Enhance flexibility, balance and strength through slow, graceful, precise body movements. Increase self-confidence, range of motion, stamina, endurance while decreasing stiffness. Maximize your flow of energy throughout the body!

Cost: \$45 (gold card accepted)

Location: CAHS

| | | |
|-------------------|---|--------------|
| Jan. 30-Mar. 6 | W | 6:00-7:00 PM |
| Mar. 13-Apr. 24 | W | 6:00-7:00 PM |
| (No class Apr. 3) | | |
| May 1-June 5 | W | 6:00-7:00 PM |

Register by Phone: 591-4160 or 591-3600

Computers-Adults

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

Absolute Computer Beginners

Great for absolute beginners! Class begins one week before the Introduction to Computers class.

- *Computer Terminology
- *Use of the Mouse
- *Understanding the Equipment

Cost: \$69 (gold card accepted)

Location: CAHS

Jan. 29, 31, Feb. 5, 7 T/TH 6:00-8:00 PM

Introduction to Computers

Master the basics of your Windows application.

- *Tour & Navigate Windows
- *Run Programs
- *Use control Panel & Help
- *Operate Accessories.

Cost: \$59 (gold card accepted)

Location: CAHS

Jan. 31, Feb. 5, 7 T/TH 6:00-8:00 PM

Information Management

Be competent in saving your information.

- *Computer Function Basics
- *Computer Security Fundamentals
- *Creating & Saving Files
- *File & Folder Management
- *Creating Shortcuts

Cost: \$59 (gold card accepted)

Location: CAHS

Feb. 12, 14, 19 T/TH 6:00-8:00 PM

Microsoft Word I

Comprehend basic word processing skills.

- Clipart & Borders
- Editing & Formatting Text
- Cutting, Copying, & Pasting Text
- Page Numbers, Headers & Footer

Prerequisites: Working knowledge of Windows and basic file management.

Cost: \$59 (gold card accepted)

Location: CAHS

Feb. 21, 26, 28 T/TH 6:00-8:00 PM

Spring Break
Mar. 29-Apr. 5

Microsoft Word II

Employ intermediate/advanced word processing skills.

- *Advanced formatting
- *Tabs, tables, & columns
- *Styles, Templates & Writing Tools
- *Newsletters
- *Mail Merge

Prerequisites: Word I

Cost: \$59

Location: CAHS

Mar. 5, 7, 12 T/TH 6:00-8:00 PM

Register online and receive a 5% discount toward your total registration fee at:
<http://activenet.active.com/bendleainsworth>

New URL

Register by Phone: 591-4160 or 591-3600

Computers-Adults

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

Microsoft Excel I

Microsoft Excel II

Access

Discover basic spreadsheet skills!
*Creating, saving & printing worksheets
*Modifying and formatting worksheets
*Spreadsheet fundamental concepts
*Using ranges, functions & formulas.

Prerequisites: Word I

Cost: \$59 (gold card accepted)

Location: CAHS

Mar. 14, 19, 21 T/TH 6:00-8:00 PM

Employ intermediate/advanced spreadsheet skills.
*Advanced worksheet formatting & functions
*Using lists & database features
*Creating charts & using templates
*Borders & clip art
*Pivot table & chart

Prerequisites: Word I & Excel I

Cost: \$59

Location: CAHS

Apr. 9, 11, 16 T/TH 6:00-8:00 PM

Utilize basic database skills
*Basic database concepts
*Working with tables & forms
*Working with queries & reports
*Enhancing forms & reports

Prerequisites: Word I and Excel I

Cost: \$59

Location: CAHS

Apr. 18, 23, 25 T/TH 6:00-8:00 PM

Register online and receive a 5% discount toward your total registration fee at

New URL <http://activenet.active.com/bendleainsworth>

One-On-One Training

Digital Photography 101

Internet Basics 101

Private computer instruction can be scheduled at our computer lab or your place of business. Introduction to computers, Information Management, Word, Excel, Access, PowerPoint and Publisher.

Cost: \$39/hour (minimum 2 hours)

Get more from your digital camera with this beginners course. Explore uploading images to the computer, manipulating them, best basic composition and lighting tips, printing, creating slideshows and burning to disc. The course caters to all camera users who want to learn the basics of digital photography. (We will be working with your "Point and Shoot" cameras; however, any digital camera is acceptable, e.g. DSLR.) Bring camera, memory stick & manual (if you have it). Make sure batteries are charged.

Cost: \$59

Location: CAHS

Mar. 18, 20, 25, 27 M/W 6:00-8:00 PM

In this class you will learn how to use the Internet, web browsers, search engines, access specific URL's, web based free email, file attachments, online calendars, instant messaging, different types of Internet access, online safety and social networking sites.

Cost: \$59

Location: BMS

Apr. 9, 11, 16, 18 T/TH 6:00-8:00 PM

All Bendle/Carman-Ainsworth courses are open for anyone to attend.

You do not need to live in the districts.

Register by Phone: 591-4160 or 591-3600

Online Courses

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

Test Preparation

- GED Test Preparation
- GED prep for Language Arts, Writing Test
- Prepare for GED Math Test
- SAT/ACT Preparation
- LSAT Preparation

Personal Enrichment

- Drawing for the Absolute Beginner
- Genealogy Basics
- Speed Spanish
- Everyday Math
- Discover Digital Photography
- Introduction to Algebra
- Easy English
- Introduction to Interior Design
- Protect Your Money, Credit, and Identity

Career Enrichment

- Become a Veterinary Assistant
- Administrative Assistant Fundamentals
- A-Z Grant Writing
- Start Your Own Small Business
- Medical Coding
- Become an Optical Assistant
- Advanced Grant Writing
- Marketing your Business on the Internet

Visit our website
for more information
at
www.ed2go.com/bcacommed

New!

- Start Your Own Edible Garden
- Differentiating K-12 Assessments
- Certificate in Integrative Mental Health
- Intermediate InDesign CS5
- Introduction to CorelDRAW X5
- Mastering Public Speaking
- QuickBooks 2011 for Contractors
- Introduction to Peachtree Accounting 2012
- Intermediate Dreamweaver CS5
- Photoshop Elements 9 for the Digital Photographer II
- Introduction to Guitar
- Medical Math
- Introduction to Illustrator CS5

Writing Courses

- Fundamentals of Technical Writing
- Business and Marketing Writing
- Advanced Fiction Writing
- Beginning Braille Transcription
- Effective Business Writing
- Writing for Children
- Resume Writing Workshop
- Mystery Writing
- Write Your Life Story

Online Sessions Beginning Dates:

| | |
|----------------|-----------------|
| Jan. 16, 2013 | May 15, 2013 |
| Feb. 20, 2013 | June 19, 2013 |
| March 20, 2013 | July 17, 2013 |
| April 17, 2013 | August 21, 2013 |

Online courses run for 6 weeks and have 12 lessons. Register no later than one week before class begins!

And Much, Much More!!

Youth Enrichment



Register by Phone: 591-3600

New URL

Register Online: <http://activenet.active.com/bendleainsworth>

Register by Phone: 591-4160 or 591-3600

Early Childhood

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

PreSchool

This class is open to children who are not yet ready for Pre-Kindergarten and may have no previous preschool experience. Must be 3 by December 1, 2013 and potty trained.

Tuesday/Wednesday/Thursday
9:00 AM-Noon
12:30-3:30 PM
9 Payments of \$90
Due the first of each month.

Early Childhood Classes!
**A great investment for your
child's future
in a highly competitive world.**

2013-2014 Early Childhood Education
Program using HighScope Curriculum
which includes parent progress reports.
The program is open to the public
Classes begin the week of September 16, 2013

New Tiny Tykes

2 to 4 year olds

Parents, bring your toddler in for some messy fun. Tiny Tykes is a parent/child activity for children 2 to 4 years old. There will be fun with messy art, story time, gym time, snack time and more. A great opportunity for your child to be introduced to a school setting. Don't miss out on the fun, register today, class size is limited. 6 weeks.

Cost: \$26.00

Location: The Learning Community

Feb. 22-March 29 F 10:00 AM-12:00 PM

Pre-Kindergarten

This class is open to children who are eligible to begin Kindergarten in the fall of 2014. Must be 4 years old by December 1, 2013.

Monday through Thursday
9:00 AM - Noon
12:30-3:30 PM
9 Payments of \$115
Due the first of each month

TLC Kiddie Campus

This program is designed for the working parent(s). This class is open to children who are 3-5 years of age by December 1, 2013. This is a licensed child care program providing education and child care using HighScope Curriculum and providing progress reports. Breakfast, lunch and snack included. DHS accepted. Site visits are welcome!

Monday through Friday
6:30 AM-5:30 PM
\$140 Weekly

School Closings: If the Bendle or the Carman-Ainsworth Schools are canceled for any reason, all Community Education programs at that district(s) will be canceled also.

Spring Break
Mar. 29-Apr. 5

Register by Phone: 591-4160 or 591-3600

Youth Basketball

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

Recreational Basketball Program

- Features:**
- Full-Court play
 - 2 registered officials per court
 - Jersey
 - Practice once a week
 - More instruction

Practice Begins: Week of Feb. 11, 2013

Games Begin: Saturday, March 2, 2013
(6 Weeks)

Location: Carman-Ainsworth Middle School

Cost: \$65 (\$55 if you have a jersey from the Fall 2012 League)

Boys & Girls

3rd thru 8th Graders

(For all levels of players)

This league is designed for both beginning and skilled players, and no previous basketball experience is required.

Pre-Registration & Physical Required
Physical due with registration
Please indicate on registration
if physical on file.

Deadline: January 24th at 5:00 PM

Mandatory

Parent/Player/Coaches Meeting

February 2, 2013

10:30 AM

Carman-Ainsworth Middle School

Everyone must attend the meeting. Teams will be announced as well as practice times and locations.

Basketball

Kindergarten-2nd Grades

The purpose of the Community Education Basketball program is to provide students with an opportunity to learn and develop basketball skills; understand good sportsmanship and teamwork; and have fun! This program is designed for both beginning and experienced participants, and no previous experience is required. (6 weeks)

Cost: \$35 (Deadline to register is Jan. 18th)

Location: Randels Gym

Jan. 25

F

6:00-7:15 PM

New

A \$5 late fee will be charged for all registrations made after the class start date or pre-registration deadline.

Please note on registration form if you are interested in coaching 3rd-8th grades...

BCA reserves the right to photograph classes and program participants for promotional purposes.

Register by Phone: 591-4160 or 591-3600

Youth Enrichment

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

Bingo Pizza Night

Grades Kindergarten-5th

Come on out for a night of fun with your friends. Enjoy Bingo, kids style, with fun prizes to win, pizza and pop. Parents are welcome to stay (\$3 for pizza) No Refunds.

Cost: \$6 (Must register Wed. before the start date)

Location: Dillon

Feb. 1 F 6:00-7:30 PM

Location: West Bendle

March 1 F 6:00-7:30 PM

Location: Dye

March 15 F 6:00-7:30 PM

New

A \$5 late fee will be charged for all registrations made after the class start date or pre-registration deadline.

All of the classes below are taught by Black Belt Instructors

Let's Get Moving!

In this class you will talk about simple changes you can make to develop a healthier lifestyle. Easy moves to get you and your child moving and burning consumed calories. This class is a parent-child participation class. You and your child will make small, simple changes to your lifestyle and get moving to keep you both healthy! Learn about simple meal changes, easy exercises, free pedometer, incentive prizes, etc. Come join the fun!!

Cost: \$25 - for parent and first child. Each additional child is \$12.50

Location: CAHS

Jan. 28-Mar. 11 M 6:00-7:15 PM
(No class Feb. 18)

Karate for Kids

Karate for Families

Karate Adult & Teens

Cost: \$25/child (4 yrs. and up)

Location: South Bendle

Jan. 29-Mar. 19 T 6:30-7:30 PM

Apr. 9-May 28 T 6:30-7:30 PM

Location: CAHS

Feb. 7-Mar. 28 TH 6:00-7:00 PM

Apr. 11-May 30 TH 6:00-7:00 PM

Cost: \$50/family (4 yrs. and up)

Location: South Bendle

Jan. 29-Mar. 19 T 7:30-8:30 PM

Apr. 9-May 28 T 7:30-8:30 PM

Location: CAHS

Feb. 7-Mar. 28 TH 7:00-8:00 PM

Apr. 11-May 30 TH 7:00-8:00 PM

Cost: \$25/teen (14 yrs. and up)

Location: South Bendle

Jan. 29-Mar. 19 T 7:30-8:30 PM

Apr. 9-May 28 T 7:30-8:30 PM

Location: CAHS

Feb. 7-Mar. 28 TH 8:00-9:00 PM

Apr. 11-May 30 TH 8:00-9:00 PM

Our program combines two crucial courses into one, Sanchin-Ryu Karate & Self-Defense and Project Secure Child (child safety). Students will be trained with proven, age-appropriate techniques that are necessary for kids to protect themselves from attackers. This program is set in a fun, yet structured, environment which will give your child a positive outlook on learning a martial art. We focus on healthy attitudes versus perfection! Participants will achieve strategies, drills and exercises they are lead through. An ongoing course, where students have the opportunity to continue their education in the same location with no hidden fees!

Register by Phone: 591-4160 or 591-3600

Swimming

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

Guppy

Parent/Child

Ages 6 mos. to 3 yrs. This class introduces basic skills to parents and children.

Cost: \$44

Location: CAHS

April 13-June 8
(No class May 25)

Sat 10:00-10:30 AM

Seahorse

Preschool 1

Ages 3-5 yrs. This class is the foundation for building aquatic skills. It will build confidence in the water.

Cost: \$44

Location: CAHS

April 13-June 8
(No class May 25)

Sat 10:30-11:00 AM

Barracuda

Level I

Ages 5+. Introduction to water skills. Students will learn basic information and skills to help them feel comfortable in the water and enjoy the water safely.

Cost: \$49

Location: CAHS

April 13-June 8
(No class May 25)

Sat 11:00-11:45 AM

Carman-Ainsworth Community Education offers a Red Cross Certified Aquatics (Swim) program for children of all swim levels. Your child can start in the program as young as 6 months old.

Tiger Shark

Level 2

Ages 5+. Fundamental to water skills. Students will experience increased success with the fundamental skills. Students learn to float without support and recover to a vertical position.

Costs: \$49

Location: CAHS

April 13-June 8
(No class May 25)

Sat 12:00-12:45 PM

Come join us at Carman-Ainsworth High School, 1300 N. Linden Road, Flint

Open Swim 12:45-1:45 PM \$1.50

**Spring Break
Mar. 29-Apr. 5**

Register by Phone: 591-4160 or 591-3600

Youth Baseball/Tee-Ball

Websites: <http://activenet.active.com/bendleainsworth>
www.carman.k12.mi.us and www.bendleschools.org

Tee-Ball

3-4 Years Old

Cost: \$35 (includes t-shirt & hat)

Game Location: CAHS

May 4-June 15 Sat 10:00 AM
(6 weeks--No games May 25)

Meeting April 27th, 10:00 AM at the CAMS Gym

Pre-Registration
Required by April 25th

*Physicals
Required for all Baseball*

Please note on registration
form if you are interested
in coaching any of the
7-13 year old groups...

Baseball Pre-registration required by April 25th

Tee-Ball

5-6 Years Old

Cost: \$40 (includes t-shirt & hat)

Game Location: CAHS

May 4, 11, 18, June 1, 8, 15 Sat 11:30 AM
June 3, 10 M 7:00 PM

Meeting April 27th, 11:30 AM at the CAMS Gym

Pre-Registration
Required by April 25th

Baseball

7-8 Year Old Players/Coaches Clinic

7-8 years old (coach pitch)
9-10 years old
11-13 years old

May 4 Sat 10:00-11:30 AM

Location: C/A Middle School Ballfields
(Gym if raining)

All Bendle/Carman-Ainsworth courses are
open for anyone to attend.
You do not need to live in the districts.

May 28-June 27 T/TH 5:45 and 7:30 PM
(July 2 Rain make-up)
July 9, 11 Play off games
July 13 Final game and picnic

Cost: \$60 (includes shirt/hat)
\$75 (includes shirt, hat, pants, helmet)
Location: CAMS

9-13 Year Old Players/Coaches Clinic

May 4 Sat 12:00-1:30 PM

Location: C/A Middle School Ballfields
(Gym if raining)

New

A \$5 late fee will be charged
for all registrations made after
the class start date or
pre-registration deadline.

High School Completion



Register by Phone: 591-2880 or 591-3276 or 591-3620

Bendle/Carman-Ainsworth High School Centers

Carman Park-Baker Career Academy



Where: 3375 Van Campen Dr., Flint, MI 48507
 How: Call 810-591-3620 or 810-591-7000
 Who: Students in grades 9-12
 What: Earn high school and college credit.
 Gain work experience and career preparation skills.
 When: **Enrollment:** Jan. 7 M-TH 8:30 AM-3:30 PM
Classes Start: Jan. 29

***FREE Classes
to Those Who Qualify!***

Adult/Alternative Education

Where: Stalker Building
 G-3329 Burnell Ave., Flint, MI 48504
 (near Flushing Rd. and Ballenger Hwy.)
 How: Call 810-591-2880
 Who: Out of school students ages 16-19
 What: Complete high school diploma requirements.
 GED Preparation and Testing Center.
 When: **Enrollment:** Jan. 7 M-TH 9:00 AM-5:00 PM
Classes Start: Feb. 4

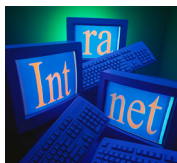
Alternative Education

Where: Atlantis High School
 G-3493 Beveridge Rd., Flint, MI 48532
 How: Call 810-591-3276
 Who: Out of school students ages 16-19
 What: Complete High school diploma requirements
 When: **Enrollment:** Jan. 9 M-F 8:30 AM-3:30 PM
Classes Start: Jan. 28

How to Register for Enrichment Classes

Online

Online with our website at:
<http://activenet.active.com/bendleainsworth> (a non-refundable convenience fee applies)



By Phone

By Phone call 591-4160 (adult) or 591-3600 (youth) to register by telephone.

In Person

Walk-in registrations are accepted at The Learning Community, Bendle Community Education Office and C/A Administration Building. Please call for office hours.



By Mail

By mail send the completed "Registration Form" and the class fee to an address listed below. Please allow a week for delivery before class start date. Make checks payable to *Community Education* and mail to:
Adult Enrichment
Bendle Community Education, 2294 E. Bristol Rd., Burton, MI 48529.
Youth Enrichment
The Learning Community, 1181 W. Scottwood, Flint, MI 48507.



Class Cancellation: If a class is canceled due to low enrollment, every effort will be made to notify all *registered* students by telephone. Please include alternate phone numbers and email addresses on your registration form. Refund checks will automatically be processed for canceled classes.

Refunds: We reserve the right to cancel a class if the minimum enrollment cannot be met or if enrollment exceeds class maximum numbers. In each event, you will be notified and your money refunded. Participants must withdraw from a class of five sessions or longer within one (1) business day after the first class. No Refund on all one day or mini session classes (2-4 sessions in length).

A \$5.00 fee will be charged for all withdrawals, except canceled classes.

A \$25 fee will be charged for all returned checks.

Senior Citizens: You may use your Gold Card on classes marked with "*gold card accepted*" in the description of the class and receive **20% off** the price of the class (Gold Cards are for Bendle or Carman-Ainsworth residents only).

School Closings: If the Bendle or the Carman-Ainsworth Schools are canceled for any reason, all Community Education programs at that district(s) will be canceled also.



**You may use Visa,
MasterCard, or American
Express**

Registration Form



Enrollee Information

Participant's Name: _____ Visa MasterCard Amer Exp Cash Check # _____

Payee Name: _____ Phone: _____

Address: _____ City _____ Zip: _____

Day Phone: _____ Evening Phone: _____

E-Mail Address: _____

Date of Birth _____ School: _____ Grade: _____

Class Information

| Class | Day/Date | Time | Location | Fee |
|-------|----------|-------|----------|-------|
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |

Payment Type



Credit Card # _____

Exp. Date _____

Signature _____

(Print Name) _____



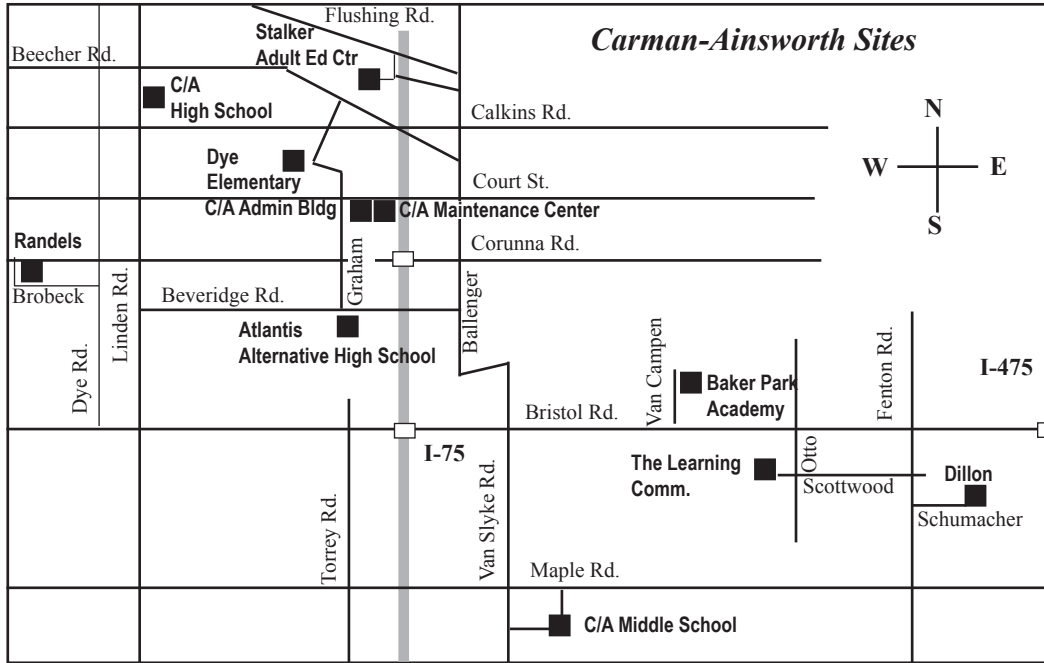
Shirt Size

(if activity requires)

Adult Small
Adult Medium
Adult Large
Adult XLarge

Youth Small
Youth Medium
Adult Large
Adult XLarge

District Maps

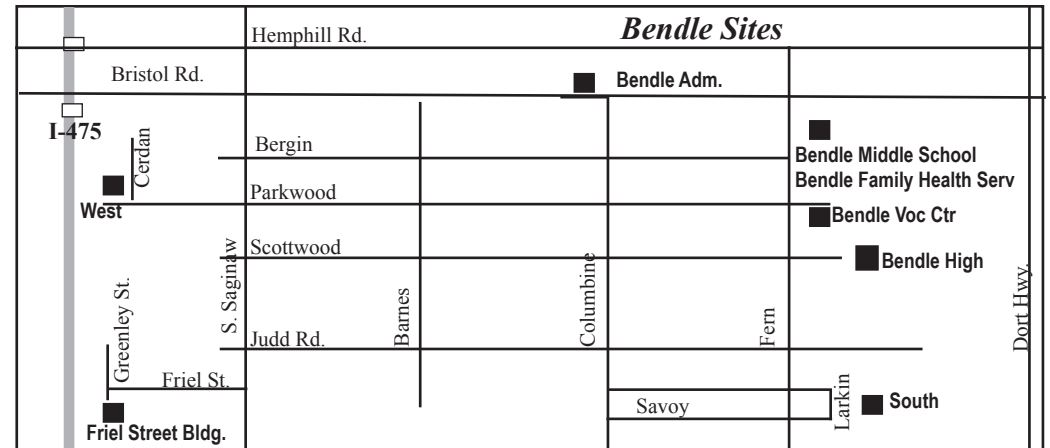


Carman-Ainsworth Buildings

- Adult Ed Ctr (Stalker)G-3329 Burnell Ave.
- C/A Administration Building G-3475 W. Court St.
- C/A High School (CAHS)1300 N. Linden Rd.
- C/A Middle School (CAMS) 1409 W. Maple Ave.
- C/A Maintenance Center G-3475 W. Court St.
- Baker Park Academy 3375 Van Campen
- Dillon Elementary 1197 Schumacher Ave.
- Dye Elementary 1174 Graham Rd.
- The Learning Community 1181 W. Scottwood Ave.
- Randels Elementary6022 Brobeck St.
- Rankin Elementary G-3459 Mundy Ave.
- Atlantis Alternative High SchoolG-3493 Beveridge Rd.

Bendle Buildings

- Bendle High School (BHS) 2283 E. Scottwood
- Bendle Administration 3420 Columbine
- Bendle Community Ed2294 E. Bristol Rd.
- Bendle Family Health Services2294 E. Bristol Rd.
- Bendle Voc. Ctr (BVC) 2317 Parkwood Ave.
- Bendle Middle School (BMS)2294 E. Bristol
- Friel Street Elementary4469 Greenley St.
- South Bendle Elementary 4341 Larkin Ave.
- West Bendle Elementary 4020 Cerdan Dr.



***Bendle/Carman-Ainsworth
Community Education***



2013 Winter/Spring Catalog

Youth Enrichment:
810-591-3600

Adult Enrichment:
810-591-4160

New URL

Registration Website:
<http://activenet.active.com/bendleainsworth>

Adult High School:
810-591-2880

Alternative Education:
810-591-3276

***Carman Park-Baker
Career Academy:***
810-591-3620

Carman-Ainsworth
Community Schools
G-3475 W. Court Street
Flint, MI 48532

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